

TITLE	URL/DESCRIPTION	WHERE IT'S HAPPENING (district, school, classroom, community partner)	COMPREHENSIVE SCHOOL HEALTH PILLAR				CONTACT			**NEW**		
			RELATIONSHIPS & ENVIRONMENTS	TEACHING & LEARNING	SCHOOL POLICIES & REGULATIONS	PARTNERSHIPS & SERVICES	SCHOOL/ ORGANIZATION	Person	Email Address	Middle Years (Y/N)	Time Offered	Notes
Aboriginal Education Program	The Sooke School District ensures that Aboriginal students receive a quality education that fosters a strong sense of pride, confidence and knowledge of their heritage. http://www.sd62.bc.ca/programs/aboriginal-education/	District	X	x	x	x	District office	Kathleen King Hunt	kkinghunt@sd62.bc.ca	Y	Weekdays, AM/PM	Indigenous Children and Youth
Active, Safe Routes to Schools	Active & Safe Routes to School is a community-based initiative that promotes the use of active transportation (walking, biking, bussing and rolling) for the daily trip to and from school. The program addresses health, physical activity, and traffic safety issues while tackling air pollution and climate change. https://www.crd.bc.ca/project/regional-transportation/active-safe-routes-to-school	School	x	x		x	Ecole Poirier, Ruth King, Sangster, Hans Helgesen, Journey Middle, Royal Bay Secondary	Kate Berniez, CRD Active Transport	kberniaz@crd.bc.ca	Y	Everyday, AM/PM	check email and name, last name spelled differently in main doc
Anaphylaxis policy	The principal of the school is responsible for developing and maintaining a safe school environment for anaphylactic students with anaphylactic allergies. This includes ensuring parents, students, teachers, and other school staff members are aware of and comply with School District policy. . https://go.sd62.bc.ca/sites/public/policies/_layouts/15/start.aspx#/Policies/C-429%20Regulations%20Anaphylaxis.aspx	District								Y	Everyday, AM/PM	
Anxiety Boot Camp	In-school, multi-week group for identified youth; delivered in collaboration with CYMH counsellor	School	x	x		x	Belmont			N		
BC Fruit and Vegetable Program	Provide fresh servings of fruits and vegetables every other week — 12 times in the school year. K-12 Public schools and First nations schools throughout B.C. https://www.bcait.ca/	School				X	BC Agriculture in the Classroom Foundation, Most Schools?			Y	Irregular, PM	Offered 12 times throughout school year
Child and Youth Mental Health Services		District				x	District	MCFD/Aboriginal CYMH		Y	Everyday, AM/PM	
Confident Parents/Thriving Kids	Family-focused no-cost phone-based coaching service effective in reducing mild to moderate behavioural problems and promoting healthy child development in children ages 3-12. Through a series of 6 to 14 weekly coaching sessions, along with exercises and workbooks, trained coaches empower parents and/or caregivers to learn effective skills and techniques that support social skills and cooperation in their child. https://cmha.bc.ca/programs-services/confident-parents-thriving-kids/	School				x	variable across elementary schools	Canadian Mental Health Association ; referral required		Y	AM, PM, Weekends	ages 3-12, coaches are available to speak with parents during day, evening and weekend hours to meet each family's needs

Farm2School	Farm to School programs bring healthy, local and sustainable food into schools and provide students with hands-on learning opportunities that foster food literacy, all while strengthening the local food system and enhancing school and community connectedness. https://farmtoschoolbc.ca	School	x	x		x	Royal Bay, Edward Milne, Port Renfrew	School Based contacts? (Aaren Topley , Farm2School coordinator)		Y	unsure	
Island Health Healthy Schools Program	http://www.viha.ca/children/school_years/healthy_schools/	District				X	District	Janet Krenz	jkrenz@viha.ca	Y	Everyday, AM/PM	Free of charge
Mental Health Literacy Inquiry (staring winter/2018)	Professional learning inquiry focused on supporting teachers in addressing health literacy	District		X		x	District	Dave Strange	dstrange@sd36.bc.ca	Y		
NA'TSA' MAHT Aboriginal Enhancement Agreement	http://www.sd62.bc.ca/wp-content/uploads/sites/11/2016/03/AboriginalEnhancementAgreement_2016-2021.pdf	District				X	District office	Kathleen King Hunt	kkinghunt@sd62.bc.ca	Y		
Royal Bay Secondary Sexual Health Clinic	The sexual health clinic is open to all students currently enrolled in SD 62 and operates on a drop-in basis with a nurse providing sexual health care and education. All services are provided in a private and comfortable space at no cost. https://www.islandsexualhealth.org/youth/royalbay/	School				x	Royal Bay/Island Sexual Health	TBC Island Sexual Health		Y	PM, Once a Week (Wednesdays)	Only open 12-4 wednesdays
Safe and Healthy Schools Policy	https://go.sd62.bc.ca/sites/public/policies/layouts/15/start.aspx#/Policies/B-129%20Regulations%20Safe%20and%20Healthy%20Schools.aspx	District				X	District office	Jamie Adair	jadair@sd36.bc.ca	Y		
School District Strategic Plan (Draft)		District				X				Y	unsure	
School-based mental health clinicians and social workers		District				X	District office	Christine McGregor	cmcgregor@sd36.bc.ca	Y	Weekdays, AM/PM	
School-based wellness centres/clinics (open to all youth though based at 2 secondary schools)	A Wellness Centre is a centralized location where students will find a number of health services for mental, sexual, and physical health, as well as health promotion strategies. It is a place where students can be assessed, treated, and referred to other programs or services as needed. The centre will provide guidance in locating any services that aren't provided at the Wellness Centre itself. http://belmont.web.sd62.bc.ca/nlc/wellness-centre-at-belmont/	School				X	Belmont, EMCS			Y	Weekdays, AM/PM	
SOGI 123	SOGI 1 2 3 helps educators make schools inclusive and safe for students of all sexual orientations and gender identities (SOGI). https://www.sogieducation.org/home	District	x	x	x	x	district	Karen DIClcco		Y	Everyday, AM/PM	
SPEAC (district PAC) led parent focused workshops on a variety of topics	Advocate for excellence in education, for the safety and well being of our students and the the effective and meaningful involvement of the parents as partners. http://emcs.web.sd62.bc.ca/parents/parent-advisory-council/	District				X		SPEAC	speacpres@sd36.bc.ca	Y	Once a month, PM	for parents; The meetings are once a month, usually on a Wednesday night, and are set for an hour from 6:30 to 7:30pm

BC Transit Campaign	Promotes active transportation and active living. In partnership with Westshore Parks and Rec where people can hand in their expired bus pass from the previous month for one free drop in to any regional rec centre. This is a great incentive to students	District					x				y	Once a month, PM	
Victoria Women's Transition House	PEACE group for kids/youth that have witnessed abuse. VIP - violence is preventable workshops for middle schools	District	x	x			x	Victoria Women's Transition House	Kathy Swain		Y		
Be Connected Support Services	Offers community based programs and services that meet the growing needs of children and youth with developmental disabilities and their families		x	x			x	Be Connected Support Services			Y		
Discovery School Liaisons	Provide a discovery counsellor as a liaison to families in schools in the three core districts. Liaison can provide consultation, support regarding referrals to community based treatment, support with school staff to develop prevention and early/targeted strategies, substance use resources	3 Districts	x				x	Discover School Liaison			Y		
Discovery Youth & Family S.U. Services Island Health	Community based substance use treatment for youth (12-19) and their families						x	Discovery Youth & Family S.U. Services	Reg Fleming	Reg.Fleming@viha.ca	Y		
Wellness Centres for Youth at Belmont, Edward Milne and Royal Bay Secondary Schools	Provide health services for all youth living in SD62, including physical, sexual and mental health.	SD 62	x	x			x	Wellness Centres SD62			Y	M-Friday	
Wrap Around Coordinator	school based youth and family advocate - liaison to maintain connections or re-connect youth and families to middle and secondary school and/or other viable education alternative. Provides follow-up support, resource and referral management		x	x			x				Y	Daytime	
Public Health Nursing - Island Health, WSHU - School Team	Public Health nursing on school team for SD 62 with focus on Healthy Schools/Healthy Communities. Also work at Wellness Centre at Belmont	SD 62	x	x			x	Public Health Nursing	Leah Belliveau	leah.belliveau@viha.ca	Y	Daytime	Immunization, support/promotion of Healthy Schools
Loose Parts Playground or Créativité	Play based learning, school yard recess program that features unstructured play with 'junk' (ie tires, pipes, and everyday items)		x					Loose Parts Playground or Créativité			Y	Daytime	
Program Spaces in Neighborhood Learning spaces	Westshore Parks and Rec operates program space in the Royal Bay neighbourhood learning centre and Belmont neighbourhood learning centre. Programming includes youth drop-in programs, afterschool care, baby-sitting courses, youth collectives, clinics and other groups	SD 62	X	X			x	Program Spaces in Neighbourhood Learning spaces			Y	Daytime	
Early Psychosis Intervention (EPI) - Ledger House	Provides acute, in-patient, hospital based psychiatric services for children and youth. Serving all Island Health children, youth and families	Island	x	x			x	Early Psychosis Intervention (EPI) - Ledger House			Y	Daytime	
Island Health - School Age Therapy Program	Provides assessment and intervention for ages 5-19 with physical and cognitive limitations. Uses a collaborative, family-centered and interdisciplinary approach	Island	x	x			x	Island Health - School Age Therapy Program	Heather Fox	M.Fox@viha.ca	Y	Daytime	mental and physical health services

Public Health Services for School Age Children	Health Services - speech, hearing, vision, dental, nutrition and nursing services. Support/consultation/referral for families and schools regarding students with life-threatening medical conditions	District	x	x		x	Public Health Services for School Age Children	Kathy Easton		Y	Daily	
Nursing Support Services	Provides delegated caregiver training and individual care plan development for students with health care needs that would usually be done by a nurse. Provides consultative support for developing and implementing safety around student medical conditions	District	x			x	Nursing Support Services	Tamara Crozier				Datime
Secondary Harm Reduction (Public Health)	Provision of clean supplies for safe sex and drug use. Involved in activities that put individuals at greater risk for HIV, HepC and other communicable diseases or infections	Westshore & Sooke	x	x			Secondary Harm Reduction			Y		am/pm
SD 62	Connecting children, youth and Families to the appropriate services. Supporting children/youth in care in the district to ensure they do not slip through the cracks.	SD 62	x	x		x		Kristie Blain	kblain@sd62.bc.ca or kristie.blain@gov.bc.ca	Y		
Middle Years Programme - IB	open to any student aged 11-16 at schools authorized to implement the program. 5 year program that can accommodate academically-selective models						Middle Years Programme			Y		Daytime
Island Sexual Health	Man Made - boys program for boys identifying as boys						Island Sexual Health	Nick Sandor/Todd Robertson	troberson@sd62.bc.ca	Y		Daytime
Start the Conversation Mental Health Conference at Royal Bay Secondary	Mental health conference planned by youth, supported by Westshore Parks and Rec to educate and provide resources for youth, parents and teachers	SD 62	x	x		x	Start the Conversation Conference			Y		AM - students; PM - community
Pacheedaht Family Day Program	Weekly lunch, parenting education, community connection, cultural activities at Pacheedaht in Port Renfrew	Port Renfrew	x	x		x	Pacheedaht Family Day Program			Y		Daytime
Mental Health Clinicians	The Sooke School District employs mental health clinicians to support student assessment process. Min purpose is to provide recommendations for improving the students instructional program	SD 62		x			Mental Health Clinicians			Y		
Caring for Community Counselling	Sliding scale counselling for children, youth, adults, couples and families		x				Caring for Community Counselling			Y		Daytime
Inclusion Support	Staff provided to children with special needs in their pre-school, after school care and winter/spring/summer camps. Through a partnership with supported child development at Queen Alexandra Hospital and Westshore Parks and Rec	Westshore				x	Inclusion Support					Wvelan
Literacy Assessment - Victoria Literacy Connection	Level B Language and Math assessments by qualified literacy assessors - \$160/assessment			x			Victoria Literacy Connection	Christine Bossi	ed@victorialiteracyconnection.ca	Y		Daytime
Be Connected Support Services	Provides a variety of services and supports tailored to the unique needs of the child/youth and their family. Goal-based and person-centered in approach		x			x	Be Connected Support Services			Y		Daytime

School District Reciprocal Agreement	Westshore Parke and Rec has a reciprocal agreement with SD62 whereby Westshore Parks and Rec can use school spaces for programming and in return schools can sign up for swim, skate and curling times for students	Westshore/SD 62	x			x	School District Reciprocal Agreement			Y		
Pacific Centre Family Services	Range of counselling and therapy programs for children, youth, families, parents/ No cost parent-teen mediation, parent education						Pacific Centre Family Services	Liz Nelson	lnelson@pcfcsa.org	Y	Daytime	
Parent education workshops, including mental health workshops	education and discussion opportunities for parents on a variety of topics including child/youth mental health						Parent Education Workshops			Y	Daytime	
Parents Together - parenting programs - Boys & Girls Club	Parenting programs for teens and pre-teens. Education on relevant parenting issues and common concerns raised in your group. Support and connection with other parents. Offered in schools, child youth & family centres, neighbourhoods - to provide easy access by parents	District	x	x		x	Parent Programs	Beth Diprose	parenting@bgcvc.org	y	Daytime	
My Tween and Me	education, discussion and support for parents of teens and pre-teens	Sooke	x	x		x	My Tween and Me	Sooke Family Resource Society		y	Daytime	
Sooke Family Support Program	One to one support and mentoring, for families experiency difficulties with parenting, family life, family violence, trauma	Sooke	x	x		x	Sooke Family Support Program	Sooke Family Resource Society		Y	Siroy	
Wild About Wellness - Westshore Parks & Recreation	Activity based program for youth with anxiety, depression. Partnership with Island Health & MCFD	Westshore				x	Westshore Parks & Recereation	Carly Bryson	cbryson@westshorerecreation.ca	Y	Daytime	
Youth Outreach and Navigator - Sooke	Assessment, counselling, outreach, referral for youth expereincing mental health and/or substance use challenges, family discord, relationship challenges etc	Sooke	X	X		X	Sooke Family Support Program			Y	Daytime	First Nations included
Math Club - Victoria Lieteracy Connection	Math Support after school in group setting	District		x		x	Victoria Literacy Connection	Christine Bossi	ed@victorialiteracyconnection.ca	Y	varies	
Go Girls	10 week, once a week mentoring group		x				Big Brothers and Big Sisters	Taylor Watson/Jen Clarke	jclarke@sd62.bc.ca	Y	weekly	
Mind Fit - YMCA	8 week program for teens 13-19 with mild to moderate symptoms of depression and/or anxiety in a small group setting of 10-12 teens.	District	x				Westhills Y				Weekly (Tuesdays 4-6pm)	
Sooke Martial Arts Association	Martial Arts training; focus on physical and mental discipline, respect for self and others, active fun;		x	x			Sooke Martial Arts Association	Nicky Logins	nlogins@sfrs.ca	Y	2x weekly/1hour	
Positive Ticketing Partnership	In partnership with pokice departs - positive tickets are issued by police officers to childern and teens found participating in positive behaviors. These tickets give youth one free drop in to any recreation centre in the region	Region	x			x	Positive Ticketing Partnership	Police Dept across Greater Victoria		Y	Usually in summer and evenings/non-school days	
Roving Summer Camps	Westshore Parks and Rec provide free outdoor camp in a different part each week throughout the summer. Provides children with fun, engaging outdoor games, sports along with songs and crafts	Westshore					Westshore Parks & Recereation			Y	Weekly am/pm - summer	

1:1 Child and Youth Literacy Support	supports reading, writing, math - volunteer tutors - free service. Paid tutors - \$50/hr. Sessions take place in public spaces such as libraries. Mentoring	District	x	x			Victoria Literacy Connection	Christine Bossi	ed@victorialiteracyconnecti.on.ca	Y	varies	
Trans/Queer Drop In - Westshore Parkts & Rec	Drop in support for Trans and Queer identifying youth	Westshore	x				Westshore Parks & Recreation	Carly Bryson	cbryson@westshorererecreati.on.ca		Wed 4:30-6:30	
Extracurricular, Exploratives, meals	Sport teams and other extra curricular activities to connect students to other students and to the community. Meal programs in the morning and at lunch. Exploratives to explore new and exciting activities and areas of interest	Journey Middle School	x	x			Journey Middle School				everday - am/pm	
Roots Program - Boys & Girls Club	environmental science and stewardship program for grades 4-5 - \$150/yr	Metchosin	x	x			Boys & Girls Club	Myah Rach-Sharpe	mrach-sharpe@bgcvcic.org	y	weekly	
Outdoor Adventure Afterschool Program - Boys & Girls Club	Outdoor education after school program for middle school aged kids - \$95-\$150/mth	Metchosin	x	x			Boys & Girls Club	Myah Rach-Sharpe	mrach-sharpe@bgcvcic.org	Y	daily after school	
Westshore Licensed Afterschool Care - Wale Road	Intentional programming, providing snacks, weekly out-trips and community building	Westshore	x				Boys & Girls Club	Delaney Lyngaard	dlyngaard@bgcvcic.org	Y	daily after school	
Youth Navigator	Youth outreach, counselling for 13-18 yr old. Youth focused, goal driven support	Sooke	X	X			Sooke Family Resource Society	Sandi Brumsovsky	sbrumovsky@sfrs.ca	y	after school	
Scouts Canada	Build skills, interpersonal, leadership, outdoor, and participatory - in a youth led setting. Supervised by trained adults that facilitate safe and educational adventures	Sooke	X	X			Scouts Canada	Jim Freer	jfreer@sfrs.ca	Y	evening	
Friday Night Drop In - Westshore Parks & Rec	Drop in support for Trans and Queer identifying youth	Westshore	x				Westshore Parks & Recreation	Carly Bryson	cbryson@westshorererecreati.on.ca	Y	Friday evening	
Tweeny But Mighty & Fearless Females - Boys & Girls Club	Evening programming for female identifying youth	Metchosin	x				Boys & Girls Club	Myah Rach-Sharpe	mrach-sharpe@bgcvcic.org	Y	evening	
Westhills YMCA-YWCA	Recreational drop-in programs (sports/arts) and swim lessons	Westhills		x			Westhills Y	Laurel Koslowski	lkoslowski@vancouverislandy.ca	Y	evening	
Children's Services - Personel Support Programs (PSP) - Military Family Resource Centre	Programs, special events, parenting support, recreation, fitness, sports	Westshore	x	x			Military Family Resource Centre	Kelly Aucoin	kelly.aucoin@forces.gc.ca	Y	after school/evenings weekends	Military Families only
Home Alone - Westshore Parks & Rec	Teaching kids how to be safe home alone	Westshore	x	x			Westshore Parks & Recreation	Carly Bryson	cbryson@westshorererecreati.on.ca	Y	Weekends	
Jumpstart Funding - Community Program Grant	Westshore Parks & Rec applies for this funding to provide free swim and skate lessons to two classrooms, twice per year. Funding also used towards a 8-week physical activity program	Westshore	x	x			Westshore Parks & Recreation			Y	2x year	
Triple P Positive Parenting Program	Promotes good communication and strong relationships between parents and their children, child's development and manage their behaviour in constructive caring ways	Sooke	X	X			Sooke Family Resource Society			Y	PM	
L.I.F.E. Program	Assists family and individuals with low-incomes to access recreation services and programs at all municipal recreational centres in Greater Victoria	Region	X	X			L.I.F.E. Program			Y	daily am/pm	not available for senior secondary aged students
Safe Schools	Focused on supporting implementation of the provincial ERASE bullying program	SD 62	X	X		X	Parents, Teachers, counsellors, administrators			Y	M-F am/pm	
Referral Hubs for Counsellors	Designed for counsellors/administration across SD62 to fast track their efforts in linking learners and families with services available in the community	SD 62	X			X				Y	varies	

School Based Sockal Worker Student Support Services	Connecting families to services	SD 62 and MCFD	X			X	SD62 with support from VIHA	Kristie Blain	kristie.blain@gov.bc.ca	Y	varies	
PEACE Program - Victoria Women's Transition House	Individual & Group counselling for children & youth who've witnessed abuse. In School presnetations about abuse & healthy relationships	District	X	X		X	Victoria Women't Transition House	Kathy Swain	kathys@vwth.bc.ca	y	varies	lacey geary laceymgeary@gmail.com 250-589-2528